

# QUESTIONNAIRE

## Candida Self-Assessment



<b>Full Name:</b>		<b>Date:</b>			
<b>Contact Phone Number:</b>					
<b>Email Address:</b>					
<b>Gender:</b>	Male	Female	Not specified		
1.	Have you taken tetracycline or other antibiotics for acne for 1 month or longer?	Yes	No		
2.	Have you (any time in your life) taken antibiotics for respiratory, urinary or other infections?	Yes	No		
3.	Have you at any time in your life been bothered by persistent vaginitis, endometriosis or any other reproductive problems?	Yes	No		
4.	Have you taken birth control pills?	Yes	No		
5.	Have you at any time experienced persistent prostatitis (enlarged or inflamed prostate or elevated PSA blood test) or other male yeast problems?	Yes	No		
6.	Have you taken prednisone or any other cortisone-type drug such as inhaled steroids or hydrocortisone (for skin problems)?	Yes	No		
7.	Does exposure to the smell of perfumes, insecticides and other chemicals affect you?	Yes	No		
8.	Have you had athlete's foot, ringworm, other fungal infections of the skin or nails?	Yes	No		
9.	Do you crave sugar, chocolate anything sweet?	Yes	No		
10.	Do you crave salty potato crisps, salted nuts, anything salty?	Yes	No		
11.	Do you crave alcoholic beverages?	Yes	No		
12.	Does tobacco smoke really bother you?	Yes	No		
13.	Are you often fatigued?	Yes	No		
14.	Do you have brain fog or poor memory?	Yes	No		
15.	Do you suffer with muscle weakness and or painful joints?	Mild	Moderate	Severe	None
16.	Do you experience abdominal bloating or gas?	Yes	No		

